



Hektoen Enteric Agar

Intended use

Recommended for the isolation of *Shigella* and *Salmonella* species from enteric pathological specimens.

Composition**

Ingredients	Gms / Litre
Proteose peptone	12.000
Yeast extract	3.000
Lactose	12.000
Sucrose	12.000
Salicin	2.000
Bile salts mixture	9.000
Sodium chloride	5.000
Sodium thiosulphate	5.000
Ferric ammonium citrate	1.500
Acid fuchsin	0.100
Bromothymol blue	0.065
Agar	15.000
Final pH (at 25°C)	7.5±0.2

**Formula adjusted, standardized to suit performance parameters

Directions

Suspend 76.67 grams in 1000 ml purified/distilled water. Heat to boiling to dissolve the medium completely. DO NOT AUTOCLAVE. Cool to 45-50°C. Mix well and pour into sterile Petri plates.

Principle And Interpretation

Media that isolated a broader spectrum of enteric pathogens are less inhibitory to members of the non-pathogenic intestinal flora. Hektoen Enteric Agar was developed in 1967 by King and Metzger of the Hektoen Institute in order to increase the frequencies of isolation of *Shigella* and *Salmonella* organisms when compared with their recovery on other media frequently utilized in clinical laboratories at that time (5-7). Sodium deoxycholate has been replaced by bile salts in reduced concentration. This allows growth of *Shigella* as well as the Salmonellae. The peptone concentrations have been increased in order to offset the inhibitory effects of the bile salts (8). Hektoen Enteric Agar is currently recommended as one of several plating media for the culture of *Enterobacteriaceae* from stool specimens (9). Foods containing poultry, eggs or dairy products are the most frequent vehicles for foodborne Salmonellosis, and a variety of procedures have been developed using Hektoen Enteric Agar as part of the multi-step procedure to isolate *Salmonella* (1,10,12,13).

The increased concentration of carbohydrate and proteose peptone helps to reduce the inhibitory effect of bile salts and indicators and allows good growth of *Salmonella* and *Shigella* species while inhibiting the normal intestinal flora. The medium contains three carbohydrates i.e lactose, sucrose and salicin for differentiation of enteric pathogens. The higher lactose concentration aids in the visualization of enteric pathogens and minimizes the problem of delayed lactose fermentation. Salicin is fermented by many coliforms including those that do not ferment lactose and sucrose. Combination of ferric ammonium citrate and sodium thiosulphate in the medium enables the detection of hydrogen sulfide production, thereby aiding in the differentiation process due to the formation of black centered colonies. The indicator system, consisting of acid fuchsin and bromothymol blue, has lower toxicity as compared to other enteric media, resulting in improved recovery of enteric pathogens. Hoben et al (2) further enhanced the selectivity of the medium by addition of novobiocin at a concentration of 15 mg/litre, which inhibits *Citrobacter* and *Proteus* species. Taylor and Schelhaut (11) found the medium valuable for differentiating pathogenic enteric organisms and for better growth of Shigellae.

Inoculate the medium with fresh faeces suspended in Ringers Solution or inoculate directly with rectal swabs. Spread out the inoculum to obtain isolated colonies and incubate at 35-37°C for 18-24 hours. Further incubation will improve differentiation between *Salmonella* and *Shigella*. *Proteus* species may resemble *Salmonella* or *Shigella*; hence further testing must be carried out for confirmation.

After incubation most plates will show an area of confluent growth. Because the streaking procedure is, in effect, a “dilution” technique, diminishing numbers of microorganisms are deposited on the streaked areas. Consequently, one or more of these areas should exhibit isolated colonies of the organisms contained in the specimen. Better isolation is obtained due to the inhibitory action of the medium.

Type of specimen

Clinical samples : Blood, urine, faeces ; Foods , water samples

Specimen Collection and Handling

For clinical samples follow appropriate techniques for handling specimens as per established guidelines (3,4).

For food and dairy samples, follow appropriate techniques for sample collection and processing as per guidelines (1,12,13).

After use, contaminated materials must be sterilized by autoclaving before discarding.

Warning and Precautions

In Vitro diagnostic use only. Read the label before opening the container. Wear protective gloves/protective clothing/eye protection/face protection. Follow good microbiological lab practices while handling specimens and culture. Standard precautions as per established guidelines should be followed while handling clinical specimens. Safety guidelines may be referred in individual safety data sheets.

Limitations

1. Further incubation will improve differentiation between *Salmonella* and *Shigella*. *Proteus* species may resemble *Salmonella* or *Shigella*; hence further testing must be carried out for confirmation.
2. Since the medium is selective it must be used in conjunction with other media.

Performance and Evaluation

Performance of the medium is expected when used as per the direction on the label within the expiry period when stored at recommended temperature.

Quality Control

Appearance

Cream to yellow with tancast homogeneous free flowing powder

Gelling

Firm, comparable with 1.5% Agar gel

Colour and Clarity of prepared medium

Green coloured, clear to slightly opalescent gel forms in Petri plates

Reaction

Reaction of 7.67% w/v aqueous solution at 25°C. pH : 7.5±0.2

pH

7.30-7.70

Cultural Response

Cultural characteristics observed after an incubation at 35-37°C for 18-24 hours.

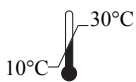
Organism	Inoculum (CFU)	Growth	Recovery	Colour of colony
<i>Escherichia coli</i> ATCC 25922 (00013*)	50-100	fair	20-30%	orange (may have bile precipitate)
# <i>Klebsiella aerogenes</i> ATCC 13048 (00175*)	50-100	fair-good	30-40%	salmon-orange
<i>Enterococcus faecalis</i> ATCC >=10 ⁴ 29212 (00087*)		inhibited	0%	
<i>Salmonella</i> Enteritidis ATCC 50-100 13076 (00030*)		luxuriant	>=50%	greenish blue may have black centres(H ₂ S production)



In vitro diagnostic medical device



CE Marking



Storage temperature



Do not use if package is damaged



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